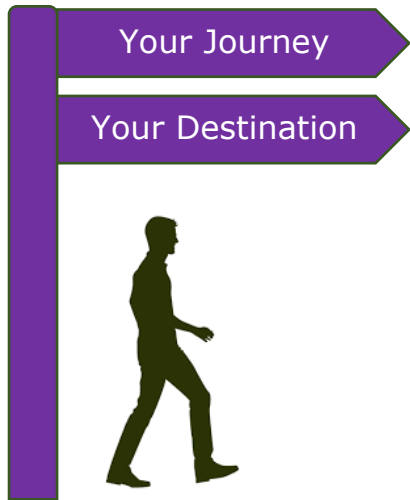


Travel Buddy Training and Support



Supporting adults with Mental Health, Autism or a Learning Disability to travel independently, across Gwent to get to where they need to go.



How the scheme works:

Initial meeting

The Coordinator meets the buddy to discuss travel training and how it may work for them.

Observed journey: The buddy is paired with a trainer. The coordinator introduces them and joins them for their first few trips.

Training sessions: The trainer works with the buddy until they are confident travelling on their own.

For More Information
contact Sadie

 01633 810718

Referral

You can refer yourself to this service or others can refer you, such as a parent or a carer.

Why become a Travel Buddy Trainer?

- Being a Travel Buddy Trainer helps you to learn new skills
- You could make new friends
- You can make a real difference to the lives of other people with learning disabilities
- You can earn money
- It can help to build your confidence

Travel Buddy

- As a Travel Buddy you will help people travel independently across Gwent

Employment

- Paid the hourly living wage
- Travel buddies could work between 2-8 hours a week.